



FACULTY OF TOURISM AND BUSINESS LOGISTICS
STUDY PROGRAM
HOTEL AND RESTAURANT MANAGEMENT
FOUR YEARS ACADEMIC STUDIES, FIRST CYCLE – 240 ECTS

First year – First semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|-----------------------------------|-----------|---------------|-------------|
| 1. | 4FT107121 | Restaurant management | 8 | 3+2+2 | 240 |
| 2. | 4FT106821 | SPA tourism | 6 | 2+2+1 | 180 |
| 3. | 4FT110221 | Basics of cooking | 6 | 2+2+1 | 180 |
| 4. | 4FT106221 | Basics of tourism and hospitality | 6 | 2+2+1 | 180 |
| 5. | | Elective course from List no. 1 | 4 | 2+1+1 | 120 |
| | | Total ECTS | 30 | 11+9+6 | 900 |

List no. 1 of elective courses (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|-----------------------------|------|-------------|-------------|
| 1. | 4FF100721 | Macedonian language 1 | 4 | 2+1+1 | 120 |
| 2. | 4FF100621 | English language A2.1 | 4 | 2+1+1 | 120 |
| 3. | 4FF100221 | German language A1.1 | 4 | 2+1+1 | 120 |
| 4. | 4FF100421 | Italian language level A1.1 | 4 | 2+1+1 | 120 |
| 5. | 4FF100121 | Spanish language level A1.1 | 4 | 2+1+1 | 120 |
| 6. | 4FF100521 | French language level A1.1 | 4 | 2+1+1 | 120 |
| 7. | 4FF100321 | Russian language level A1.1 | 4 | 2+1+1 | 120 |

First year – Second semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--|-----------|---------------|-------------|
| 1. | 4FT106621 | Hotel management | 6 | 2+2+1 | 180 |
| 2. | 4FT110321 | Geographical origin of food and beverages | 6 | 2+2+1 | 180 |
| 3. | 4FT106721 | Information systems in tourism and hospitality | 6 | 2+2+1 | 180 |
| 4. | 4FT106921 | Marketing in tourism and hospitality | 6 | 2+2+1 | 180 |
| 5. | | Elective course from List no. 2 | 4 | 2+1+1 | 120 |
| 6. | | Practical teaching | 2 | 0+0+2 | 60 |
| | | Total ECTS | 30 | 10+9+7 | 900 |

*During the semester, Sport and recreation activities are planned

List no. 2 of elective courses (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|-----------------------------|------|-------------|-------------|
| 1. | 4FF101421 | Macedonian language 2 | 4 | 2+1+1 | 120 |
| 2. | 4FF101121 | English language A2.2 | 4 | 2+1+1 | 120 |
| 3. | 4FF101221 | German language A1.2 | 4 | 2+1+1 | 120 |
| 4. | 4FF100921 | Italian language level A1.2 | 4 | 2+1+1 | 120 |
| 5. | 4FF100821 | Spanish language level A1.2 | 4 | 2+1+1 | 120 |
| 6. | 4FF101021 | French language level A1.2 | 4 | 2+1+1 | 120 |
| 7. | 4FF101321 | Russian language level A1.2 | 4 | 2+1+1 | 120 |

Second year – 3rd semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|---------------------------------|-----------|---------------|-------------|
| 1. | 4FT109821 | Rural tourism | 8 | 3+2+2 | 240 |
| 2. | 4FT108721 | Food, nutrition, and technology | 8 | 3+2+2 | 240 |
| 3. | 4FT110421 | Catering management | 6 | 2+2+1 | 180 |
| 4. | | Elective course from List no. 3 | 4 | 2+1+1 | 120 |
| 5. | | Elective course from List no. 4 | 4 | 2+1+1 | 120 |
| | | Total ECTS | 30 | 12+8+7 | 900 |

Elective course from List no. 3 (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|-------------------------------|------|-------------|-------------|
| 1. | 4FT103421 | Quality systems and standards | 4 | 2+1+1 | 120 |
| 2. | 4FT102421 | Human resource management | 4 | 2+1+1 | 120 |
| 3. | 4FT111321 | Calculations | 4 | 2+1+1 | 120 |

Elective course from List no. 4 (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|---------------------------------------|------|-------------|-------------|
| 1. | 4FT110521 | Psychology in tourism and hospitality | 4 | 2+1+1 | 120 |
| 2. | 4FT110621 | Sommelier | 4 | 2+1+1 | 120 |
| 3. | 4FT107321 | Traffic in tourism | 4 | 2+1+1 | 120 |

Second year – 4th semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--|-----------|---------------|-------------|
| 1. | 4FT110721 | Organization of processes in the bakery and confectionery industry | 6 | 2+2+1 | 180 |
| 2. | 4FT108021 | Hotel sales and reception operations | 6 | 2+2+1 | 180 |
| 3. | 4FT107021 | Research in tourism and hospitality | 6 | 2+2+1 | 180 |
| 4. | 4FT110821 | Basics of serving | 6 | 2+2+1 | 180 |
| 5. | | Elective course from List no. 5 | 4 | 2+1+1 | 120 |
| 6. | | Practical teaching | 2 | 0+0+2 | 60 |
| | | Total ECTS | 30 | 10+9+7 | 900 |

* During the semester, Sport and recreation activities are planned

List no. 5 of elective courses (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--------------------------------------|------|-------------|-------------|
| 1. | 4FT104021 | Business ethics and communication | 4 | 2+1+1 | 120 |
| 2. | 4FT109121 | Animation in tourism and hospitality | 4 | 2+1+1 | 120 |
| 3. | 4FT107921 | Promotional activities | 4 | 2+1+1 | 120 |

Third year – 5th semester

| Ред бр. | Код на предмет | Предмети | ECTS | Фонд на часови | Вкупно часови |
|---------|----------------|-------------------------------------|-----------|----------------|---------------|
| 1. | 4FT111421 | Professional practice 1 | 8 | 3+2+2 | 240 |
| 2. | 4FT111521 | Professional practice 2 | 8 | 3+2+2 | 240 |
| 3. | 4FT111621 | Seminar essay from practice 1 and 2 | 6 | 2+2+1 | 180 |
| 4. | | Elective course from List no. 6 | 4 | 2+1+1 | 120 |
| 5. | | Elective course from List no. 7 | 4 | 2+1+1 | 120 |
| | | Total ECTS | 30 | 12+8+7 | 900 |

Elective course from List no. 6 (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|-------------------------------|------|-------------|-------------|
| 1. | 4FT111721 | Business plan from practice 1 | 4 | 2+1+1 | 120 |
| 2. | 4FT111821 | Business plan from practice 2 | 4 | 2+1+1 | 120 |

Elective course from List no. 7 (choose 1 course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--------------------------------|------|-------------|-------------|
| 1. | 4FT111921 | Marketing plan from practice 1 | 4 | 2+1+1 | 120 |
| 2. | 4FT112021 | Marketing plan from practice 2 | 4 | 2+1+1 | 120 |

Third year – Sixth semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--------------------------------------|-----------|---------------|-------------|
| 1. | 4FT108421 | Quality management in catering | 6 | 2+2+1 | 180 |
| 2. | 4FT109621 | Security in tourism and hospitality | 6 | 2+2+1 | 180 |
| 3. | 4FT110921 | Digital trends in the hotel industry | 6 | 2+2+1 | 180 |
| 4. | 4FT111021 | National gastronomy | 6 | 2+2+1 | 180 |
| 5. | | Elective course from List no. 8 | 4 | 2+1+1 | 120 |
| 6. | | Practical teaching | 2 | 0+0+2 | 60 |
| | | Total ECTS | 30 | 10+9+7 | 900 |

List no. 8 of elective courses (choose one course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--------------------------------------|------|-------------|-------------|
| 1. | 4FT107821 | Food production management | 4 | 2+1+1 | 120 |
| 2. | 4FT101921 | Insurance | 4 | 2+1+1 | 120 |
| 3. | 4FT109721 | Sociology in tourism and hospitality | 4 | 2+1+1 | 120 |
| 4. | 4FT111221 | International gastronomy | 4 | 2+1+1 | 120 |

Forth year – 7th semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|----------------------------------|-----------|---------------|-------------|
| 1. | 4FT108821 | Event management | 8 | 3+2+2 | 240 |
| 2. | 4FT110121 | Menu management | 8 | 3+2+2 | 240 |
| 3. | 4FT104121 | International finance | 6 | 2+2+1 | 180 |
| 4. | | Elective course from List no. 9 | 4 | 2+1+1 | 120 |
| 5. | | Elective course from List no. 10 | 4 | 2+1+1 | 120 |
| | | Всего ECTS | 30 | 12+8+7 | 900 |

List no. 9 of elective courses (choose one course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--|------|-------------|-------------|
| 1. | 4FT107521 | Food quality management | 4 | 2+1+1 | 120 |
| 2. | 4FT106421 | Wine tourism | 4 | 2+1+1 | 120 |
| 3. | 4FT104421 | Application of methods and techniques in systems | 4 | 2+1+1 | 120 |
| 4. | 4FT100321 | Entrepreneurship and small business | 4 | 2+1+1 | 120 |

List no. 10 of elective courses (choose one course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|------------------------------------|------|-------------|-------------|
| 1. | 4FT108921 | Accommodation and hotel management | 4 | 2+1+1 | 120 |
| 2. | 4FT109921 | Management of tourist destinations | 4 | 2+1+1 | 120 |
| 3. | 4FT104221 | Financial investment management | | | |

Forth year – Eight semester

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--|-----------|----------------|-------------|
| 1. | 4FT112121 | Professional practice 3 | 4 | 2+1+1 | 120 |
| 2. | 4FT112221 | Professional practice 4 | 4 | 2+1+1 | 120 |
| 3. | 4FT112321 | Seminar essay from practice 3 and 4 | 4 | 2+1+1 | 120 |
| 4. | | Elective course from List no. 11 | 4 | 2+1+1 | 120 |
| 5. | | Elective course from List no. 12 | 4 | 2+1+1 | 120 |
| 6. | | Practical teaching - interdisciplinary project | 4 | 0+0+4 | 120 |
| 7. | | Thesis | 6 | 0+0+8 | 180 |
| | | Total ECTS | 30 | 10+5+17 | 900 |

List no. 11 of elective courses (choose one course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|-------------------------------|------|-------------|-------------|
| 1. | 4FT112421 | Business plan from practice 3 | 4 | 2+1+1 | 120 |
| 2. | 4FT112521 | Business plan from practice 4 | 4 | 2+1+1 | 120 |

List no. 12 of elective courses (choose one course)

| No. | Course code | Course | ECTS | Study hours | Total hours |
|-----|-------------|--------------------------------|------|-------------|-------------|
| 1. | 4FT112621 | Marketing plan from practice 3 | 4 | 2+1+1 | 120 |
| 2. | 4FT112721 | Marketing plan from practice 4 | 4 | 2+1+1 | 120 |